



## FIT ROASTS

*Served with roast potatoes, maple carrots, parsnip puree, cauliflower cheese, greens, Yorkshires & our FIT gravy*

<b>Rolled Lamb Shoulder</b>	<b>£18</b>
<i>Allergens: gluten, dairy, celery</i>	
<b>Topside of Beef</b>	<b>£18</b>
<i>Allergens: gluten, dairy, celery, mustard</i>	
<b>Rolled Pork Belly</b>	<b>£17</b>
<i>Allergens: gluten, dairy, celery</i>	
<b>Quarter Chicken</b>	<b>£17</b>
<i>Allergens: gluten, dairy, celery</i>	
<b>Veggie Haggis</b>	<b>£16</b>
Roasted patty of fresh vegetables, pulses, oatmeal, seeds and spices	
<i>Allergens: gluten, dairy, celery</i>	
<b>Vegan Haggis</b>	<b>£16</b>
With vegan Yorkshires from Mabel's	
<i>Allergens: gluten, celery</i>	
<b>Kids Roast (under 16s)</b>	<b>£10</b>
Lamb, Beef, Pork, Chicken, Veggie, Vegan	

Please inform a member of Old Nun's Head team about any  
**food allergies or intolerances**

All our Roasts are available **gluten free** with GF Yorkshires by our  
northern huns Mabel's Vegan Yorkshires

All our meats are sourced from the babes at Flock & Herd